

# Nutrition Facts

4 servings per container

**Serving size** 1/2 cup (113g)

**Amount Per Serving**

**Calories** **260**

**% Daily Value\***

**Total Fat** 14g **18%**

Saturated Fat 10g **50%**

*Trans* Fat 0g

**Cholesterol** 60mg **20%**

**Sodium** 70mg **3%**

**Total Carbohydrate** 27g **10%**

Dietary Fiber 1g **4%**

Total Sugars 25g

Includes 0g Added Sugars **0%**

**Protein** 3g **6%**

Vitamin D 0mcg **0%**

Calcium 130mg **10%**

Iron 1.08mg **6%**

Potassium 94mg **2%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.