

# Nutrition Facts

3 servings per container

**Serving size** 2/3 cup (133g)

**Amount Per Serving**

**Calories** **340**

% Daily Value\*

**Total Fat** 22g **28%**

Saturated Fat 11g **55%**

*Trans* Fat 0.4g

**Cholesterol** 60mg **20%**

**Sodium** 220mg **10%**

**Total Carbohydrate** 30g **11%**

Dietary Fiber 1g **4%**

Total Sugars 27g

Includes 2g Added Sugars **4%**

**Protein** 6g **12%**

Not a significant source of vitamin D, calcium, iron, and potassium